

SECRET PROFESSIONAL PSEUDO-HYPNOTIC METHODS.

After more than twenty-five years actual contact with the fraternity it is the writer's claim that there is no such thing as Genuine Hypnotism. He challenges any person to bring forth a single bit of proof to the contrary.

A "Hypnotist" must first know the "tricks of the trade". Secondly he must have a commanding appearance and last but not least he must have nerve -- just plain "Guts" and plenty of it. It is not the object of this course of instruction to go into the many ordinary tests where confederates are used. You can find dozens of those in the dime books that profess how to become a hypnotist.

Rather we will explain some of the best Feature Tests that may be worked on genuine spectators as well as a few special ones for "plants". These different methods are very easily presented and little or no study is needed to put on a knockout show either before a group of friends at a party or before acquaintances and strangers at some impromptu affair.

If the test you are going to work requires a confederate and some other person (a genuine spectator) steps up it will be necessary for you to "weed out" the genuine spectator so the show will go on without a hitch. Or you can use one of the tests suited to genuine spectators on the willing and eager one.

Once in a while you will get some sucker who thinks he is a wise guy and he'll challenge you to "hypnotise me if you can". Then you can use the following method (that the dealers have been charging five to ten dollars for)

This is based on nerve and blood control and will put your subject to sleep(?) no matter how skeptical he may be because it makes him unconscious ! But be careful to get a subject who is fit or maybe he won't wake up when the time comes and that would be just too bad for everyone but the undertaker. Bend your arms at the elbows and place the fingers of your hands on the sides of your neck just below the ears. Do you feel those two veins there one on each side of the neck. You will locate them easily because they throb and pulsate so very plainly. Those two veins carry the blood supply to your brain. Now if that blood supply was to be cut off or stopped you would become unconscious in a minute by the clock. Press firmly against those veins right now and even a few seconds pressure makes you weak and faint.

That's how some performers hypnotise. As they look into the subjects eyes and talk to him in a soothing and hypnotic tone of voice telling him he is getting sleepy etc they press firmly on these veins. To the audience it merely seems that the hypnotist has his hands at the sides of the subjects neck to hold the head so that he will look him in the eye.

A minute is all it takes to put the best of men in under with this foolproof method. But don't try to choke your subject because if you stop his air and the blood at the same time, this will slow down the heart beats and cause the heart to burst from expansion.

Tell your subject to breathe deeply as you work this and when his head sags in a dead faint, have him laid on a couch with head slightly lower than his feet. This causes the blood to once more flow to the brain and as a result his sleep(?) lasts only a minute or two.

When you see your subject beginning to stir or see his eye lids flicker you know he will soon come to and it is then up to you to wake him up in your best hypnotic manner. Give him a slap or two on his cheeks and command him to wake up.

Of course he will wake up anyhow, even if you walk off and forget him but since you apparently put him to sleep by hypnotism you must of course wake him by hypnotism too. He'll be none the worse when he does regain consciousness but perhaps he will feel a little weak in his legs and be dizzy for a minute or two. But what's the difference. He asked for it and who can say ; maybe if there was real hypnotism a subject would feel exactly like he does.

Now here's a method used by some performers for placing small animals (white mice) as well as birds under control. Of course we are all acquainted with that old gag of sticking a birds head under his wing and then rocking or waving him to sleep but this is better. From any one of a dozen different Novelty Stores you can buy for 25c what is known as a Magical Plate Lifter. This is a long thin rubber tube on one end of which is attached a small hollow rubber ~~xxxxx~~ bulb and the other end has a thin rubber bladder or balloon. This is the apparatus used but first the bladder must be removed and a few drops of chloroform is placed in the hollow ~~xxxxx~~bulb.

The bulb you then place next to your skin under your armpit and the thin tube is run down inside your shirt sleeve ending at the wrist. It can be held in place with rubber bands slipped over your arm.

To work the trick when you are hypnotising the bird or what have you, the upper part of your arm squeezes against the concealed bulb releasing the load right in the subjects "Kisser". A whiff or two soon puts them to sleep to the astonishment of your audience.

Inasmuch as your arms and hands are continually moving, the little squeeze passes unnoticed and there you are. Of course if working in a confined space or closed room, it is advisable to burn a little incense to do away with the odor.

Here is another test you can work at the same time -- Just wave your hands at an ordinary houseplant or bunch of cut flowers (giving the necessary squeeze) and believe it or not the flowers will at once droop or go to sleep! Yes, because flowers too like human beings breathe and are affected by chloroform. Did you know that? Neither does one out of a thousand others.

Magnusons Great Hypnotic Tasts Control Test that we first placed on the market back in 1928 is also based on a Plate

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Lifter. In the rubber bulb however you put a few grains of saccharine which is a fine almost invisible white powder ~~xxxxx~~ 550 times sweeter than sugar. Any tank town drug store sells it. Now if you spray out a little of this powder in the general direction of any person, the very moment the tiniest particle comes in contact with that persons lips he will experience a sweet sensation in his mouth. If more powder is released so this sweet sensation is continued for a brief space of time the taste turns very bitter.

To work this test just hold up a candy bar and tell your subject that he is eating it, he can taste it in his mouth etc, making your hypnotic suggestions very strong. Of course he tastes it and we know why ! Then as soon as he openly admits he tastes it put away the candu bar and show a bottle of some evil looking medicine instead.

Suggest he will taste the medicine "Oh how bitter it is "etc and release a little more powder by arm pressure and he does get a bitter taste in his mouth. This test is a dandy one and you can work it successfully on one two three or a dozen persons at the same time. Just seat them in a semi-circle in front of you and get busy spraying, and waving your arms. That's all there is to it !

Now let's go into several effects you can work on yourself or on a confederate. These are the "Hindu Pulse and Heart Stopping Tests" and the famous "Temperature Raising Effect"

If you will place a golf or other solid rubber ball under your armpit (next to the skin) you can cause the pulse in that wrist to stop beating by simply pressing the upper part of your arm against the concealed ball. Try it if you don't believe it. The slight pressure stops the flow of the blood in the arm and naturally the pulse too.

Or instead of using a ball in the arm, when you roll up your shirt sleeve you can bunch it into a ball or pad under the muscle of your upper arm and press this against your side. That is the so-called "Oriental Non-Apparatus Method"

Place a ball under each armpit and press against them both at the same time and the retarded blood flow in both arms backs up and causes a change in your heart beat. With careful breathing it is possible to apparently make your heart stop beating. Ovette made a great splash with this calling it "Black Death" and selling this secret alone at several dollars.

The Temperature Raising Effect depends upon perfect timing and a piece of G.I. Soap (Government Issue Soap) hidden under the left armpit next to the skin. The minute or so it takes to work is used by the performer for his lecture and -- the surprise is complete when the next minute the temperature is once again registered and found to be so dangerously (?) altered. Any strong laundry soap may be used is G.I. cannot be obtained.

The Blood Control Test in which you make your own (or a subjects) arm as white as a sheet is also very simple. Slip a loop made of a

piece of soft copper wire or cord over your arm up under your shirt sleeve. Let it rest on the muscle of the upper arm. Seat yourself or the subject sideways on an ordinary kitchen chair and extend your arm over the back of the chair palm up so the arm rests on the chair back near your shoulder. Now when you are seated you have hooked the loop ~~xxxx~~ into or around one of the uprights on the back of the chair right through the shirt sleeve (Coat is removed) To make your arm dead white just bear down with the muscles on the back of the chair and stretch your arm straight out so the wire loop cuts into the flesh and stops circulation of the blood.

To cause the arm to become normal again you simply reverse the process. Let up on the pressure and loop so the blood flows again.

Maybe you've seen the Human Bridge or Rigid Effect worked on the stage and wondered how it was done. That's the effect in which a spectator is "hypnotised" and made stiff as a board. He is then laid on the backs of two chairs and several persons stand on his body. This effect works itself. The subject is a confederate and helps to put it over by fine acting. Anyone can hold his arms ~~xxxxxxx~~ straight down his sides and keep himself stiff if he tries. There is no great amount of strength needed.

The chairs should have the backs padded with Indian Blankets to keep the backs from causing discomfort. As you will find upon trying it there is no trick to holding several persons on the body if one or two blankets are thrown over chest and stomach to keep the spectators heels from dipping in. (Or get them to remove their shoes.)

Likewise most persons don't know that you can break a stone in two on anyones chest if the sledge hammer used is light. The heavy stone absorbs the blows and the sledge rebounds with each strike. And then the suckers all think these marvels are due to Hypnotism !

Here's a good stunt to pull at that next party and if you put it over right you will find it will bring down the house.

Announce that you will try to influence some party through the use of suggestion so it will be impossible for that person to finish playing or whistling a certain tune. Get a volunteer, who is not a confederate by the way and stand him at one end of the room so that although your "hypnotic suggestions" will carry to the audience, anything you may have to say to him privately, on the side cannot be heard.

If using a musician get one who plays a trumpet or some kind of wind instrument, or simply have someone who can whistle pretty good. Nevertheless have him start his music and then the moment he begins you command in a loud voice that he is getting tired he is so tired he can't remember one note from the other etc.

But -- in between these commands and suggestions you talk to the subject alone about --- Lemons ! "Oh how sour it is. Just think if you'd be eating one now" etc. Now believe it or not if the subject is an average man and your aptter is convincing it will no t

be long before he misses a note or two. In fact not only does he miss several notes but his mouth will start to water so that in a few brief moments he will give up in disgust.

If your subject is strong willed you can still "floor him" and save the day by bringing out a real half lemon and start eating it in front of him. Of course everyone will then realise that this is a joke or "sell out" but the effect is so funny that in nine cases out of ten the sucker joins in the laughter of the rest of the audience.

The information given you in this manuscript- course will enable you to put on a very mystifying demonstration of "Hypnotic Power" whenever called upon to do so. Of course if it is your plan to give exhibitions of this type in public (instead of before friends()) it is best to take in an hypnotic performance or two to see the general order of things

If you don't have the opportunity to do so the next best thing and study all the literature you can possibly get hold of on the subject.

Now remember. It's your job to entertain your audience and give them food for thought. What they don't know doesn't hurt them. Of course you use trickery to make your "hypnotism" possible but so does every other "hypnotist" too.

Act the part you are supposed to be. Be convincing in everything you say and do. Use showmanship in other words. Forget all the bunk you have ever read or heard about REAL hypnotism as far as your own desires are concerned. Use all the "sucker bunk" that you have have read in the past to "impress your audience only". And remember that although what you have learned may seem very simple to you , to your audience these tests are going to be deep weird mysteries.

The End.